

Dancing with the Abyss

New directions for change

New research shows that psychotherapy works fundamentally differently than previously thought. This research also reveals that personal improvement can occur more easily, more profoundly, and more permanently than we had assumed

Acquire specific practices that easily integrate with your current life; supercharge your solutions

Learn how preconceptions limit growth; understand the ways in which the standard mental health model is more about promoting stability and limitations instead of creating opportunities for change and transformation.

Explore how varying your sense of self can create new opportunities to overcome obstacles. Understand the overlap and connection between psychological and spiritual goals.

Where: Best Western Pepper Tree, Santa Barbara

When: Sat. June 30 - Sun. July 1, 9 AM - 5PM

Who: The workshop is designed for all those interested in change and transformation. Mental Health Professionals can receive 12 CE credits.

Cost: \$250

More Details/Registration: Call 805-563-2820 or go to www.drstephenbacon.com

Stephen Bacon, Ph.D.

Clinical Psychologist lic. num: PSY11968.

Adapted workshop from his recent book, *Practicing Psychotherapy in Constructed Reality*.

In addition to over 30 years in private practice, Dr. Bacon has been a Vice President for Outward Bound, taught workshops in Canada, the USA and Europe, and worked as a corporate coach.

Long history of spiritual study and practice including a degree in phenomenology of religion, living for 6 years in an ashram, and participating in and leading spiritual retreats.

